



**basic education**  
Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA



# **Morulaganyi & Mosupatsela wa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)**

## **Puo ya Gae: Setswana**



## **Mophato 2 Kgweditsharo 1**



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# Matseno

Barutabana ba kgato ya motheo ba ba rategang,

Leroborobo la COVID-19 le re tlogetse ka kgwetlho e tona mo go tsa thuto. Fa re tla bo re boela kwa tirisong e e tlwaelegileng ya dikolo, rotlhe re tshwanetse go dira ka botlhale le ka natla go netefatsa gore tsamaiso ya dithuto e boela mo maemong.

Se, se botlhokwa thata mo kgatong ya motheo kwa bana ba ithutang motheo wa dikgono tsa go buisa le go kwala. Aforika Borwa e go tlhoka gore o dire ka bojotle go tlhomelela barutwana ba gago ka dikgono tse gore ba se ithute fela go buisa, mme kwa bofelong ba kgone go 'ithuta go buisa.'

Lokwalo lo, lo diretswe go go thusa go fitlhelela se. Ka go dira le go latela thulaganyo e, re na le tsholofelo ya gore o ka rarabolola tatlhegelo ya nako ya go ruta le go ithuta mme wa baya barutwana mo maemong a ba tshwanetseng go nna mo go ona.

Re go lebogela go ya pele ka maitlamo, boineelo le bonatla jo bo tlhokegang go tswa mo go wena.

O tota o aga setšhaba sa rona.

Re lo eleletsa kgweditharo e ntle go ya pele,

**Setlhophu sa NECT sa Puo ya Gae**

# Ditlhokego tsa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

- Go na le dibeke di le 10 mo kgweditharong ya 1 ya poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP) ya DBE.
- Dibeke tse 2–3 tsa ntlha mo mophatong wa 3, ke tsa boineelo jwa go dira ditirwana tsa tlhatlhobo ya motheo go netefatsa fa barutwana botlhe ba siametse go nna mo mophatong wa 2.
- Dibeke tse 7–8 di kgaogantswe ka ditsheko tse 3 kgotsa 4 tsa go ithuta.
- Mo tshekong nngwe le nngwe ya beke ya 2, dikarolo tsotlhe tsa go ithuta puo di tshwanetse go diriwa ka tsela e e latelang, go dirisiwa nako e e kwa tlase:

PALOTLASE YA CAPS KABO YA NAKO	MOPHATO 1	MOPHATO 2	MOPHATO 3
Go reetsa & Go bua	45 metsotso	45 metsotso	45 metsotso
Go buisa & Medumopuo	4:30 metsotso	4:30 metsotso	4:30 metsotso
Mokwalo	1 ura	45 metsotso	45 metsotso
Go kwala	45 metsotso	1 ura	1 ura
PALOGOTLHE	7 DIURA	7 DIURA	7 DIURA

## Dikgono tsa Puo ya Gae

- Poelomaemong ya TRN ya Puo ya Gae e rulagantswe go bontsha barutabana gore ke dikgono dife tse ba tshwanetseng go di aga mo karolwaneng nngwe le nngwe ya puo.
- Go botlhokwa go ela tlhoko gore dibeke dingwe le dingwe tse pedi, dikgono tse di tshwanetseng go godisiwa di batlile di tshwana go ya ka dikarolwana, ka jalo go na le poeletso go godisa le go kopanya dikgono tse.

## Diteng tsa Puo ya Gae

- Tshoko nngwe le nngwe ya dibeke tse pedi, barutabana ba tshwanetse go tlhopha thitokgang.
- Thitokgang e, e tlhalosa diteng tsa modikologo oo.
- Ka sekai, fa morutabana a tlhopha thitokgang '**Rotlhe re ya sekolong**', go raya gore diteng tsotlhe di tshwanetse go amana le thitokgang go akaretsa tse di latelang:
  - Tlotlofoko** e e rutilweng, sekai: **buisa, golagana, farologanya, ithuta, China, mophato wa ntlha**, jalojalo.
  - Diraeme kgotsa dipina** tse di rutilweng, sekai: **Bana ba sekolo, tlang sekolong**
  - Kgang ya **puisokopanelo** e e buisitsweng, sekai: Kgang ya setlhogo: **Mophato wa bobedi mo Aforika Borwa le China**
  - Tirwana ya go kwala** e barutwana ba tshwanetseng go e dira, sekai: **Kwala temana ka se barutwana ba se dirang mo Aforika Borwa le kwa China.**

## Medumopuo le Puisokaelo ka Ditlhopha

- Diteng tse di sa amaneng le thitokgang ke medumopuo le lenaneo la puisokaelo ka ditlhopha fela.
- Gore o kgone go ithuta go buisa, barutwana ba tshwanetse go rutiwa medumo ya puo ka tatelano, go kopanya le go kgaoganya medumo e.
- Go tsweng foo, ba tshwanetse go ikatisa go buisa mafoko le dikgang ba dirisa kitso ya bona ya medumopuo go dumisa mafoko.

Tlala re bone gore ke dikgono le diteng dife tse di leng mo lenaaneng la TRN (ATP) ya Mophato 2 Kgweditharo 1:

<b>TSHOBOKANYO YA POELOMAEMONG YA TRN: MOPHATO 2 KGWEDITHARO 1</b>
<b>GO REETSA LE GO BUA</b>
<p>Motheo:</p> <ol style="list-style-type: none"> <li>1 Kgaoganya tshedimosetso, sekao:ka go dirisa ditshwantsho tse di sa kgomaganang</li> <li>2 O araba dipotso tse di bulegileng le tse di tswalegileng</li> <li>3 O bua ka maitemogelo a gagwe jaaka go tlotla</li> <li>4 O reetsa ditaello le go di tsibogela ka tshwanelo</li> <li>5 Reetsa dikgang le go bontsha maikutlo a gagwe ka kgang</li> <li>6 O naya ba bangwe sebaka sa go bua</li> <li>7 Boeletsa tatelano ya ditiragalo tsa kgang ka nepagalo</li> </ol> <p><i>Kgweditharo 1:</i></p> <ol style="list-style-type: none"> <li>1 Reetsa kwa ntle ga go tsena ba bangwe ganong, o supe tlotlo mo sebueng.</li> <li>2 Reetsa kgang o ijese monate le go araba dipotso tse di amanang le kgang.</li> <li>3 Reetsa ditaello tse di nang le bonnye dikarolwana tse pedi mme o di tsibogele ka tshwanelo.</li> <li>4 Tsaya karolo mo dipuisanong, o botse le go araba dipotso o be o tshitsinye dikakanyo.</li> <li>5 Dirisa mafoko a a nepagatseng a a tsamaelanang le diteng jaaka taletso</li> <li>6 Anela kgang e e nang le tshimologo, mmele le bokhutlo</li> </ol>

<b>MEDUMOPUO</b>
<p><i>Ntlha go morutabana:</i></p> <ul style="list-style-type: none"> <li>• <i>Netefatsa gore o aga le go kgaoganya mafoko:</i> <ul style="list-style-type: none"> <li>• <i>Ka kutlo (temogo ya medumopuo)</i></li> <li>• <i>Ka kutlo le ka pono (medumopuo)</i></li> </ul> </li> </ul>
<p>Motheo:</p> <ol style="list-style-type: none"> <li>1 O baya mafoko a a tlwaelegileng ka ditlhopha tsa ona.</li> <li>2 Supa kamano ya medumo le ditlhaka tsa tlhaka nosi tsotlhe.</li> <li>3 Lemoga mafoko a a rumisanang sk. agile, adile, amile, ima, ema, oma, oka, aka, roka</li> <li>4 Bopa mafoko a dirisa medumo e a e itseng</li> <li>5 Buisa mafoko go tswa mo thutong ya medumopuo mo dipolelong le mo ditlhangweng tse dingwe</li> <li>6 Ithute go peleta mafoko a le sometlhano (15) ka beke go tswa mo thutong ya medumopuo</li> </ol> <p><i>Kgweditharo 1:</i></p> <ol style="list-style-type: none"> <li>7 Dirisa ditumammogo tse di pataganeng go aga le go kgaoganya mafoko,sk. tlo-tla</li> <li>8 Bopa mafoko a a nang le ditlhaka di le 3 le 4 o dirise ditlhakanosi le tse di pataganeng tse di rutilweng mo kgweditharong e</li> </ol>

## MEDUMOPUO

### 9 Lemoga le go buisa:

- a Boeletsa setlhophha sa mafoko a a nang le ditumanosi tse dikhutshwane: fa, mo, ga
- b Boeletsa ditumammogo tse di pataganeng, tse di tlwaelegileng (ng, tlh, tl) mo bofelong jwa mafoko (sk. kga-ng, tlo-tla, tlhotlha).
- c Lemoga 'kg' mo tshimologong ya mafoko sk. kg-omo, kg-wele.
- d Lemoga ditumanosi tse di pataganeng: sk. aa mo go maaka le ee mo go seemo.

## MOKWALO

- 1 Tshwara pene le go baya didiriswa tsa go kwalela (buka/tsebe ya buka) ka nepagalo.
- 2 Bopa ditlhakanye le ditlhakagolo di le 26 ka nepagalo – ntlhatshupo, popo le sekgala fa gare ga mela.
- 3 Kwala mafoko ka sekgala kgotsa diphatlha tse di nepagetseng fa gare ga ditlhaka le mafoko
- 4 Kopolola le go kwala dipolelo tse di buisegang di le pedi kgotsa go feta ka nepagalo
- 5 Kwala le go dirisa matshwao a puiso jaaka khutlo, matshwao a dipotso, phegelwana le matshwao a tsiboso)

## PUISOKAELO KA DITLHOPHA

### **Ntlha go morutabana:**

- *Baya barutwana ka ditlhophha tsa bokgoni jwa bona jwa go buisa.*
- *Tlhophha ditlhangwa/dibuka tsa maemo a a nepagetseng a setlhophha.*
- *Reetsa mongwe le mongwe wa setlhophha a buisa ka nosi mme o ba kaele fa ba ntse ba buisa.*

- 1 Tswelela go aga tlotlofoko go tswa mo lenaneong la go buisa le le sa rulaganngwang, tlhatlhamano ya go buisa e e tlhophilweng ka seemo le lenaane la mafoko a a tlhagelelang kgapetsakgapetsa
- 2 Buisetsa kwa godimo le ka setu ka maemo a gago mo setlhopheng sa puisokaelo le morutabana, ke gore, setlhophha sotlhe se buisa kgang e e tshwanang e e ikaegileng ka maemo a go ruta puiso mo setlhopheng
- 3 Dirisa mafoko a a nnang a le teng mo phaposiborutelong, medumopuo, tshekatsheko ya tiriso le popego fa o buisa.
- 4 O ikela tlhoko fa a buisa
- 5 Dirisa ditshwantsho mo setlhangweng gore o se tlhaloganye
- 6 Bontsha fa o tlhaloganyana matshwaopuiso fa o buisetsa kwa godimo (dikhutlo, diphegelwana, matshwao a potso le matshwao tsiboso)

## PUISO KA NOSI

- 1 Buisa ka nosi sk. dibuka tsa ditshwantsho, dikarata tsa poko, dibuka tsa dikgang go tswa kwa laeborari kgotsa go tswa kwa sekhutlwaneng sa puiso sa phaposiborutelo



## PUISOKOPANELO

- 1 Buisang dibuka le morutabana (puisokopanelo) mme lo tlhalose dikakanyokgolo
- 2 Supa dintlha tsa botlhokwa mo go se se buisitsweng jaaka, tatelano ya ditiragalo
- 3 Dirisa matshwaopono jaaka bokafantle jwa buka go bonelapele se kgang e leng ka ga sona le go tlhagisa tsibogo ya gago.
- 4 Araba dipotso tsa maemo a a kwa godimo, pele ga, ka nako ya, le morago ga, go buisa setlhangwa sa kopanelo: 'Go ne go tla diragala eng fa ...
- 5 Lemoga setlholo le ditlamorago tsa kgang
- 6 Supa dintlha tsa botlhokwa mo go se se buisitsweng jaaka, tatelano ya ditiragalo
- 7 Buisa ditaello tse di bonolo mo phaposing
- 8 Ranola ditshwantsho le dipapatso tse dingwe tse di gatisitsweng jaaka dinepe kgotsa dipapatso, go itirela kgang ya gago. Buisa ditshwantsho kgotsa dipapatso.
- 9 Bontsha maikutlo a gagwe ka setlhangwa se a se buisitseng
- 10 **Tsepama mo:**
  - a dithutong tsa go gatisa
  - b Dikarolwana tsa puo ya setlhangwa
  - c Go tlhaloganya le maemo a a farologaneng
  - d Dipaterone tsa puo

## GO KWALA

### **Ntlha go morutabana:**

- *Dirisa ditirwana tsa go kwala ga kopanelo go diragatsa thulaganyo ya go kwala (go rulaganya, kwalo ya ntlha le phasalatso).*
- *Naya letlhameso la go kwala go thusa barutwana go kwala dikgang tsa bona.*

### *Motheo:*

- 1 Thala ditshwantsho go fetisa molaetsa ka ga maitemogelo a gago  
*Kgweditlharo 1:*
- 2 Kwala dikgang tsa gagwe
- 3 Abelana ka dikakanyo le mafoko go thusa ka kgang ya barutwana botlhe (kwalokopanelo)
- 4 Ikagele lenaane la mafoko a gago le thanodi o dirisa ditlhaka tse di simololang mafoko go tlhabolola dikgono tsa go itlhamela thanodi sk. selo, katse
- 5 **O dira tiro ya go kwala, a akaretsa go rulaganya, kwalo ya ntlha le go phasalatsa:**
  - a Kwala bonnye dipolelo di le tharo tsa kgang ya gago kgotsa kgang ya boitlhamedi o dirisa medumo e o e ithutleng, mafoko a a itsegeng a a nang le ditlhakagolo le dikhutlo
  - b Kwala le go tlhalosa dipolelo (dipolelo di le 2-4) ka setlhogo go nna le seabe mo go kwaleng buka e e tla dirisiwang kwa sekhutlwane sa puiso sa phaposi.
- 6 **Lemoga le go dirisa puo ka nepagalo, go akaretsa:**
  - a O dirisa phegelwana go kwala lenaane

## **Dira tsamaiso ya ka metlha go ithuta puo**

- Tsela e e siameng ya go netefatsa gore o dirisa nako ka nepagalo le go dira dikgono tsotlhe tsa TRN, ke go dira tsamaiso ya ka metlha ya go ithuta puo.
- Fa tlase ke tsamaiso ya beke le beke e e akantshitsweng mme e ka dirisiwa mo modikologong wa dibeke di le pedi.
- Tsamaiso ya beke le beke e dirisa BONNYE JWA NAKO ya Puo ya Gae (7 diura)
- Tsamaiso ya beke le beke e lekanyeditswe go dirisiwa mo mephatong yotlhe.

## Tsamaiso ya beke le beke e akantshitsweng ya Kgato ya Motheo ya Puo ya Gae

**DIKHUTSHWAFATSO:** R&B: Reetsa le go Bua, P&M: Puiso le Medumopuo, M: Mokwalo, GK: Go kwala

LETSATSI	KAROLWANA	TIRWANA	NAKO: PALOGOTLHE	NAKO: R&B	NAKO: P&M	NAKO: M	NAKO: GK
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	MOKWALO	Tlhatlho e e sa tlhomamang	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
Labobedi	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso	15 metsotso			
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Laboraro	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso		15 metsotso		
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso			15 metsotso	
Labone	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Labotlhano	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
			<b>7 diura</b>	<b>45 metsotso</b>	<b>4 diura</b>	<b>45 metsotso</b>	<b>1 ura</b>

A o kgona go bona gore kabo ya nako ya karolwana nngwe le nngwe e nepagetse?

## Ditirwana tse di akantshitsweng tsa Kgato ya Motheo ya Puo ya Gae (e bua ka ditlhokego tsa TRN/ATP)

- Gonne bontsi jo bo tshwanang ba dikgono bo tshwanetse go godisiwa, e ka nna kakanyo e ntle go dira ditirwana tse di tshwanang beke nngwe le nngwe.
- Netefatsa gore o dira dikgono tsotlhe tse di tlhokegang go ya ka TRN(ATP).
- E dira gape gore go ruta le go ithuta go diriwe sentle gonne fa wena le barutwana le setse le tlwaetse ditirwana tse, ga o senye nako ka go tlhalosa.
- Thulaganyo e e fa tlase e akantsha ditirwana tsa ka metlha tse o ka di dirang beke nngwe le nngwe go wetsa ditlhokego tsa TRN(ATP)
- Fa e le gore go na le dikgono tse di kgethegileng kgotsa thuto e e tshwanetseng go diriwa ( go ya ka ATP) tsotlhe tse di latelang di tshwanetse go akarediwa.
- Ela tlhoko: Barutabana ba tshwanetse go dirisa ditirwana tsa Bukatiro ya DBE fa go tshwanela.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	<b>GO REETSA LE GO BUA</b>	Ditirwana tsa molomo	<ul style="list-style-type: none"> <li>• Itsise thitokgang</li> <li>• Ruta mafoko a 3 a tlotlofoko ya thotokgang</li> <li>• Ruta pina kgotsa raeme</li> <li>• Barutwana ba oketsa ka mafoko mo dibukeng tsa tlotlofoko</li> </ul>
	<b>MOKWALO</b>	Tlhatlhobo e e sa tlhomamang	<ul style="list-style-type: none"> <li>• Naya barutwana tlhatlhobo e e sa tlhomamang go bona fa ba gopola ba gopola medumo le mafoko a a rutilweng.</li> <li>• Gape lekola mokwalo – go bopa tlhaka, ditlhakakgolo le diphatlha mo gare ga mafoko.</li> <li>• Kopa barutwana go kwala mafoko a le 10 go tswa mo thutong ya medumopuo le mafoko a ba a itseng.</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo PELE GA PUIISO	<ul style="list-style-type: none"> <li>• Puiso ya pele</li> <li>• Bontsha barutwana ditshwantsho tsa kangang.</li> <li>• Ba kope go bua se se diragalang.</li> <li>• Ba kope go dira ponelopele.</li> <li>• Ba kope fa ba ka se lemoge lefelo la kangang.</li> </ul>
	<b>GO KWALA (Tsheko ya beke 1)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala: GO RULAGANYA	<ul style="list-style-type: none"> <li>• Bolelela barutwana setlhogo sa go kwala.</li> <li>• Bolelela barutwana tiro ya go kwala e o e tlhophileng sekai.: <ul style="list-style-type: none"> <li><b>a</b> Kwala dipolelo tse tharo bonnye ka dikgang tsa gagwe</li> <li><b>b</b> Kwala dipolelo di le 2–4 le go thala ditshwantsho ka setlhogo go abelana mo go kwaleng buka</li> </ul> </li> <li>• Bontsha barutwana gore ba RULAGANYE go kwala ga bona jang.</li> <li>• Kopa dikakanyo tsa go rulaganya (Go kwala ga kopanelo)</li> <li>• Bolelela barutwana go feleletsa dithulaganyo tsa bona (ba seka ba kopisa)</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	<b>GO KWALA (Tsheko ya beke 2)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala: GO SIAMISA	<ul style="list-style-type: none"> <li>Kwala kwalo ya ntlha ya gago mo patitšhokong.</li> <li>Kwala lenaane la go siamisa mo patitšhokong.</li> <li>Bontsha barutwana gore ba SIAMISE jang go kwala ga bona ba dirisa lenaanetekolo (go kwala ga kopanelo)</li> <li>Bolelela barutwana go siamisa tiro ya bona kgotsa ya molekane.</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopho 2 DITLHOPHA X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>Bitsa setlhotshwana go dira le wena (setlhopho sa bokgoni jo bo tshwanang)</li> <li>Boeletsa medumopuo le mafoko a pono le setlhopho.</li> <li>Naya setlhopho setlhangwa sa maemo a bona.</li> <li>Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	<b>PUISO &amp; MEDUMOPUO</b>	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> <li>Dira ka go latela lenaneo la medumopuo ya puo ya gago.</li> <li>Ruta barutwana go buisa modumo o montšhwa.</li> <li>Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang)</li> <li>Ba bontshe gore ba kgaoganye le go kopanya mafoko jang.</li> <li>Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>
	<b>MOKWALO</b>	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> <li>Ke kakanyo e e siameng go bapisa mokwalo le medumopuo.</li> <li>Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&amp;3 – mokwalo o o kopaneng)</li> <li>Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo.</li> <li>Siamisa moggwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka.</li> <li>Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo PUISO YA NTLHA	<ul style="list-style-type: none"> <li>• Puiso ya ntlha</li> <li>• Buisetsa barutwana kgang ka thelelo le ka maikutlo.</li> <li>• Ema go tlhalosa fa go tlhokega.</li> <li>• Ba lemose le go ba tlhalosetsa dikarolo tsa puo, go akaretsa: <ul style="list-style-type: none"> <li><b>a</b> Matshwao a puo</li> <li><b>b</b> Dithuto tsa go gatisa</li> <li><b>c</b> Dipaterone tsa puo</li> <li><b>d</b> Dikarolwana tsa setlhangwa</li> </ul> </li> <li>• Morago ga puiso, botsa mefuta e e latelang ya dipotso: <ul style="list-style-type: none"> <li><b>a</b> Gopola (mang, kae, leng, eng jj)</li> <li><b>b</b> Setlhola le ditlamorago (se se diragetseng ka ntlha ya sengwe)</li> <li><b>c</b> Kakanyo le go buelela (a o ratile / ke eng se o se gopotseng ka/ naya mabaka/ jj)</li> <li><b>d</b> Tsa kakanyo (goreng, o ka bo o dirile eng fa ...)</li> </ul> </li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>• Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>• Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>• Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>• Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>• Naya setlhopha setlhangwa sa maemo a bona.</li> <li>• Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	<b>GO REETSA LE GO BUA</b>	Ditirwana tsa molomo	<ul style="list-style-type: none"> <li>• Ruta mafoko a tlotlofoko ya thitokgang a 3</li> <li>• Opela pina kgotsa bua raeme</li> <li>• Barutwana ba oketsa ka mafoko mo dibukeng tsa tlotlofoko tsa bona</li> <li>• Dira tirwana ya molomo e nngwe sekao.: <ul style="list-style-type: none"> <li><b>a</b> Dikgang – kopa barutwana ba 2 go abelana ka dikgang.</li> <li><b>b</b> Kanelokgang ya boitlhamedi – Kopa barutwana go itlhamela dikgang mme ba abelane le molekane.</li> <li><b>c</b> Metshameko – Tshameka motshameko wa puo</li> <li><b>d</b> Naya lenaane la ditaelo gore barutwana ba le tsibogele</li> <li><b>e</b> Tlhopha didiriswa kgotsa ditshwantsho</li> </ul> </li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	<b>PUISO &amp; MEDUMOPUO</b>	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> <li>• Dira ka go latela lenaneo la medumopuo ya puo ya gago.</li> <li>• Ruta barutwana go buisa modumo o montšhwa.</li> <li>• Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang)</li> <li>• Ba bontshe gore ba kgaoganye le go kopanya mafoko jang.</li> <li>• Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>
	<b>MOKWALO</b>	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> <li>• Ke kakanyo e e siameng go bapisa mokwalo le medumopuo.</li> <li>• Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&amp;3 – mokwalo o o kopaneng)</li> <li>• Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo.</li> <li>• Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka.</li> <li>• Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>
	<b>GO KWALA (Tsheko ya beke 1)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala KWALO YA NTLHA	<ul style="list-style-type: none"> <li>• Gopotsa barutwana ka tiro ya go kwala.</li> <li>• Kwala thulaganyo ya gago mo patitšhokong.</li> <li>• Kwala letlhomeso la go kwala mo patitšhokong.</li> <li>• Bontsha barutwana go dira KWALO YA NTLHA (go kwala ga kopanelo)</li> <li>• Bolelela barutwana go dirisa thulaganyo ya bona le letlhomeso go dira kwalo ya ntlha ya bona.</li> </ul>
	<b>GO KWALA (Tsheko ya beke 2)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala PHASALATSO LE KABELANO	<ul style="list-style-type: none"> <li>• Gopotsa barutwana ka tiro ya go kwala.</li> <li>• Kwala kwalo ya gago ya ntlha le ditshiamiso mo patitšhokong.</li> <li>• Lebelela ditshiamiso gape.</li> <li>• Bontsha barutwana gore ba ka PHASALATSA jang se ba se kwadileng ka go se kwala gape ka makgethe kwantle ga diphoso le go tsenya setshwantsho.</li> <li>• Bolelela barutwana go phasalatsa tiro ya bona.</li> <li>• Bolelela barutwana go abelana ka se ba se kwadileng le molekane – ba buise kwalo ya bona le ya ba bangwe.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>• Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>• Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>• Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>• Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>• Naya setlhopha setlhangwa sa maemo a bona.</li> <li>• Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labone	<b>PUISO &amp; MEDUMOPUO</b>	Katiso ya medumopuo	<ul style="list-style-type: none"> <li>• Boeletsa medumo e mebedi e e rutilweng ka Labobedi le Laboraro.</li> <li>• Dira tirwana ya medumopuo le barutwana botlhe sekai.: <ul style="list-style-type: none"> <li><b>a</b> Kopanya medumo go dira mafoko</li> <li><b>b</b> Kgaoganya mafoko ka medumo.</li> <li><b>c</b> Kgaoganya mafoko ka dinoko</li> <li><b>d</b> Kgaoganya mafoko ka modumo wa ntlha wa lefoko le noko ya bofelo ya lefoko.</li> <li><b>e</b> Baya mafoko a a tsamayang mmogo ka setlhopha.</li> <li><b>f</b> Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul> </li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo PUISO YA BOBEDI	<ul style="list-style-type: none"> <li>• Puiso ya bobedi</li> <li>• Buisetsa barutwana kgang ka thelelo le maikutlo.</li> <li>• Morago ga puiso, botsa dipotso tse di akaretsang: <ul style="list-style-type: none"> <li><b>a</b> Tatelano (ke eng se se diragetseng la ntlha, se se latelang, bokhutlo)</li> <li><b>b</b> Kakanyo le go buelela (a o ratile / ke eng se o se akantseng ka/ naya mabaka / jj)</li> <li><b>c</b> Maemo a kwa godimo (goreng o akanya / fa o ne o le ___ o ne o ka dira eng /a o ka dira kgolagano le... / jj)</li> </ul> </li> <li>• Kopa barutwana go itlhamela dipotso tsa bona ka setlhangwa, mme ba botse molekane.</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>• Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>• Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>• Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>• Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>• Naya setlhopha setlhangwa sa maemo a bona.</li> <li>• Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	<b>GO REETSA LE GO BUA</b>	Ditirwana tsa molomo	<ul style="list-style-type: none"> <li>Ruta mafoko a 3 a tlotlofoko ya thitokgang.</li> <li>Opela pina kgotsa o bue raeme.</li> <li>Dira tirwana ya molomo e nngwe sekai.: <ul style="list-style-type: none"> <li><b>a</b> Baya barutwana ka ditlhopho go buisana ka setlhangwa, ba dirisa letlhomeso ba ntsha maikutlo a bona le ditshwaelo le go buelela dikarabo tsa bona (Ke rata... / Ga ke a rata... / Ke akanya gore setlhangwa se se kwaletswe go...)</li> <li><b>b</b> Kanelokgang ya boitlhamelo – Kopa barutwana go dira ka ditlhopho mme batle ka kgang e le nngwe ya thitokgang.</li> </ul> </li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Katiso ya medumopuo	<ul style="list-style-type: none"> <li>Boeletsa medumo e mebedi e e dirilweng ka Labobedi le Laboraro mmogo le medumo e mengwe e e rutilweng mo kgweditharong e.</li> <li>Dira tirwana ya medumopuo le barutwana botlhe sekai.: <ul style="list-style-type: none"> <li><b>a</b> Kopanya medumo go dira mafoko.</li> <li><b>b</b> Kgaoganya mafoko ka medumo.</li> <li><b>c</b> Aga mafoko o dirisa medumo – Batla Lefoko</li> <li><b>d</b> Kwala dipolelo tsa gagwe a dirisa mafoko a medumopuo.</li> <li><b>e</b> Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul> </li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo MORAGO GA PUIISO	<ul style="list-style-type: none"> <li>Puiso ya morago</li> <li>Dira tirwana e e tla go akanyisang ka kgang mo go tseneletseng sekai.: <ul style="list-style-type: none"> <li><b>a</b> Botsaya karolo – baya barutwana ka ditlhopho go diragatsa kgang.</li> <li><b>b</b> Bokhutlo jo bontšhwa –bolelela barutwana go itirela bokhutlo jo bontšhwa jwa kgang mme ba bolelele balekane ba bona.</li> <li><b>c</b> Anela kgang ka setlhopho – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng.</li> <li><b>d</b> Anela kgang le molekane – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng.</li> <li><b>e</b> Tshobokanyo – morutwana mongwe le mongwe o bolelela molekane ka dipolelo tse 2–3 gore kgang e ne e bua ka ga eng.</li> <li><b>f</b> Ba ntsha maikutlo a bona le ditshwaelo go buelela dikarabo tsa bona</li> </ul> </li> <li>Naya barutwana ba ba farologaneng tshono go go dira pegelo ya tiro ya setlhopho</li> </ul>



LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>• Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>• Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>• Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>• Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>• Naya setlhopha setlhangwa sa maemo a bona.</li> <li>• Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

A o lemogile gore mo karolwaneng nngwe le nngwe, tsamaiso ya ka metlha e a dirisiwa? Bona fa e le gore o lemogile tsamaiso ya ka metlha e e akareditsweng:

### **DITIRWANA TSA MOLOMO**

Mosupologo: Itsise thitokgang, ruta tlotlofoko, ruta pina kgotsa raeme

Laboraro: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

Labotlhano: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

### **MEDUMOPUO & MOKWALO**

Mosupologo: Dira tlhatlhobo e e sa tlhomamang go lekola kitso ya medumopuo le mokwalo.

Labobedi: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Laboraro: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Labone: Dira tirwana ya go ikatisetsa go dirisa medumopuo.

Labotlhano: Dira tirwana ya go ikatisetsa go dirisa medumopuo e e rutilweng.

### **PUISOKOPANELO**

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Morago ga puiso

### **GO KWALA**

Beke 1 Mosupologo: Go rulaganya

Beke 1 Laboraro: Kwalo ya ntlha

Beke 2 Mosupologo: Go siamisa

Beke 2 Laboraro: Go phasalatsa le kabelano

A se se go naya tlhaloganyo? Ke diphetogo dife tse o neng o ka di dira?



# Medumopuo le Puisokaelo ka ditlhopha



**Jaaka morutabana wa kgato ya motheo, maikarabelo a mangwe a gago ke go netefatsa gore barutwana botlhe ba kgona go buisa!**

**Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta medumopuo ke:**

- 1 Go netefatsa gore o na le lenaneo la medumopuo le le feletseng, le akaretsa medumo yotlhe ya puo ya gago.**
  - Lenaneo la medumopuo ya Puo ya gae ya Setswana la NECT le neetswe fa tlase – lokologa go le dirisa kgotsa go dirisa lenaneo la medumopuo lengwe le lengwe le le rulagantsweng ke porofense, kgaolo kgotsa sekolo sa gago.
- 2 Dirisa lenaneo la medumopuo la gago ka tatelano. Modumo mongwe le mongwe:**
  - Netefatsa gore barutwana ba utlwa modumo mme ba lemoga modumo mo mafokong.
  - Ruta barutwana kamano ya tlhaka le modumo – gore modumo o lebega jang.
  - Ba ikatisetse go kopanya medumo le medumo e mengwe e ba e itseng go dira mafoko.
  - Buisa setlhangwa se se akaretsang mafoko a a dirisang modumo.
  - Boeletsa medumo yotlhe e e rutiwang ka metlha.

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta go buisa ke:

- 1** Rulaganya barutwana ka bokgoni jwa go buisa jo bo tshwanang.
- 2** Bitsa setlhopha sengwe le sengwe go go buisetsa bonnye gangwe mo bekeng.
- 3** Leka go reetsa barutwana ba ba kgaratlhang ba buisa gabedi kgotsa gararo mo bekeng.
- 4** Dirisa setlhangwa sa maemo a a tshwanetseng – ka ditlhopha tse dingwe, o ka tshwanelwa ke go dira poeletso ya medumo le go aga mafoko.
- 5** Fa o dira le setlhopha, reetsa morutwana mongwe le mongwe a buisa ka nosi.
- 6** Ruta barutwana go dumisa mafoko a ba sa a itseng ka metlha – fa morutwana a fitlhela lefoko le a palelwang ke go le buisa, ba thuse go le dumisa. O seka wa le tlola kgotsa wa bitsa morutwana yo mongwe go le buisa.
- 7** Ka nako ya puisokaelo ka ditlhopha, naya barutwana ka bobedi go dira ditirwana tsa puiso mmogo fa o dira le setlhopha se se nnye.



# Lenaneo la Medumopuo: Puo ya Gae Setswana

- Go botlhokwa go ruta barutwana medumo yotlhe ya puo ka tatelano.
- Medumo e e rutiwang mo lenaneong la medumopuo ya Setswana la NECT e neetswe fa tlase, lokologa go dirisa se jaaka kaedi.
- Ka ntlha ya leroborobo, barutwana ba le bantsi ba latlhegetswe ke ditaelo tse di botlhokwa tsa medumopuo.
- Ka kopo batlisisa gore ke medumo efe e barutwana ba e itseng le e ba sa e itseng mme o dirisa lenaneo ka tatelano go baakanya nako e e latlhegileng ya go ithuta.

## Ela tlhoko:

- Medumo e e leng mo bolokong jo bo setlha e tlhalosiwa ke TRN(ATP) ke ya Mophato 2 Kgweditharo 1 (ke medumo e e sa pataganang yotlhe)
- Leka go netefatsa gore barutwana ba gago ba itse medumo e.
- Go tlaleletsa, ka kopo ruta barutwana ba gago mafoko a a felelang ka go tshwana jaaka: ‘-ng’

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
a				
m				
o	o-m-a = oma			
b	a-b-a = aba	o-b-a = oba	o-b-a-m-a = obama	
l	l-a-l-a = lala	l-o-m-a = loma	l-o-b-a = loba	
e	e-m-a = ema	e-l-e-l-a = elela	e-b-o-l-a = ebola	
n	n-o-n-a = nona	n-a-m-a = nama	n-a-n-a-b-e-l-a = nanabela	
i	i-l-a = ila	i-n-a = ina	i-n-a-m-a = inama	
r	r-e-m-a = rema	r-o-m-a = roma	r-o-b-a = roba	
u	u-b-a = uba	u-r-a = ura	u-t-o-l-o-l-a = utolola	
t	t-u-m-a = tuma	t-e-m-o = temo	t-i-l-a = tila	
d	d-u-m-a = duma	d-i-r-a = dira	d-u-b-a = duba	
f	f-o-f-a = fofa	f-a-l-a = fala	f-e-l-a = fela	
g	g-o-g-a = goga	g-o-l-a = gola	g-a-m-a = gama	
h	h-e-m-a = hema	h-u-m-a = huma	h-u-m-a-n-e-g-a = humanega	
j	j-a-l-a = jala	j-e-l-a = jela	j-a-r-a = jara	
k	k-o-b-a = koba	k-i-k-a = kika	k-o-k-o-n-a = kokona	
p	p-i-n-a = pina	p-i-l-o = pilo	p-a-l-a = pala	
s	s-e-l-a = sela	s-e-l-o = selo	s-e-b-a = seba	
w	w-a = wa	w-e-n-a = wena	w-e-l-a = wela	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
y	y-a = ya	y-o-n-a = yona	y-o-l-e = yole	
š	š-a = ša	š-a-b-a = šaba	š-a-p-a = šapa	
kh	kh-u-d-u = khudu	kh-i-b-a = khiba	kh-a-i = khai	
ts	ts-a-l-a = tsala	ts-o-m-a = tsoma	ts-e-b-e = tsebe	
mm	mm-e = mme	mm-o-p-a = mmopa	mm-a-p-a = mmapa	
nn	nn-a = nna	nn-a-k-e = nnake	nn-a-y-a = nnaya	
th	th-a-b-a = thaba	th-u-m-a = thuma	th-i-b-a = thiba	
ph	ph-a-l-a = phala	ph-a-k-a = phaka	ph-i-r-i = phiri	
tl	tl-o-l-a = tlola	tl-o-tl-a = tlotla	tl-a-m-a = tlama	
kg	kg-a-o-l-a = kgaola	kg-o-r-a = kgora	kg-a-m-a = kgama	
ng	ng-a-p-a = ngapa	ng-a-l-a = ngala	ng-a-t-a = ngata	
nt	nt-a = nta	nt-i-m-a = ntima	nt-o-m-a = ntoma	
ny	ny-a-l-a = nyala	ny-a-ts-a = nyatsa	ny-e-l-e-l-a = nyelela	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-d-i-s-a = kwadisa	
sw	sw-e-l-a = swela	sw-a = swa	sw-e-ts-e = swetse	
nw	nw-e-l-a = nwela	nw-e-l-e-l-a = nwelela	nw-e-l-e = nwele	
mp	mp-a = mpa	mp-o-n-a = mpona	mp-o-g-i-s-a = mpogisa	
tsh	tsh-i-p-i = tshipi	tsh-a-b-a = tshaba	tsh-i-m-o = tshimo	
ntsh	ntsh-o = ntsho	ntsh-a = ntsha	ntsh-a-b-a = ntshaba	
gw	gw-a-m-a = gwama	gw-a-m-i-s-a = gwamisa	s-e-gw-a-p-a = segwapa	
tshw	tshw-a-r-a = tshwara	tshw-a-n-a = tshwana	tshw-e-n-e = tshwene	
tlh	tlh-a-p-a = tlhapa	tlh-o-k-a = tlhoka	tlh-o-l-a = tlhola	
tsw	tsw-a-l-a = tswala	tsw-i-n-e = tswine	tsw-a-l-e-l-a = tswalela	
rr	rr-e = rre	rr-a-m-e-tl-a-e = rrametlae	rr-e-m-o-g-o-l-o = rremogolo	
tšh	tšh-o-k-o-l-e-t-e = tšhokolete	tšh-i-s-i = tšhisi	tšh-o-tlh-o = tšhotlho	
ntšhw	ntšhw-a = ntšhwa	ntšhw-a-f-a-ts-a = ntšhwafatsa	ntšhw-a-f-a-l-e-ts-a = ntšhwafaletsa	
aa	m-aa-n-o = maano	m-aa-k-a = maaka	m-aa-tl-a = maatla	
oo	m-oo-k-i = mooki	l-oo-kw-a-n-e = lookwane	m-oo-n-o = moonoo	
ii	t-ii-l-e = tiile	s-ii-lw-e = siilwe	d-ii-l-w-e = diilwe	
ee	f-ee-l-a = feela	s-ee-l-ee-l-e = seelele	s-ee-m-o = seemo	
rw	rw-a-l-a = rwala	m-o-rw-a-l-o = morwalo	m-o-rw-a = morwa	
ngw	ngw-e-d-i = ngwedi	ngw-a-y-a = ngwaya	ngw-a-n-a = ngwana	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
mph	Mph-o = Mpho	mph-a-l-a = mphala	mph-o-d-i-s-a = mphodisa	
tlw	tlw-a-e-l-a = tlwaela	mm-u-tlw-a = mmutlwa	tlw-a-e-ts-e = tlwaetse	
ntlh	ntlh-o-k-a = ntlhoka	ntlh-o-r-i-s-a = ntlhorisa	ntlh-a-p-a-o-l-a = ntlhapaola	
nk	nk-u = nku	nk-o-nk-o = nkonko	m-o-nk-o = monko	
uu	t-uu! = tuu!	th-uu! = thuu!	m-uu! = muu!	
ntl	ntl-o-ng = ntlong	s-e-a-ntl-o = seantlo	ntl-a-m-e-l-a-ng = ntlamelang	
nth	nth-o = ntho	nth-o-m-a = nthoma	nth-o-g-a = nthoga	
nts	nts-o-m-a = ntsoma	nts-o-s-a = ntsosa	nts-i-b-o-s-a = ntsibosa	
nkg	nkg-o-tl-a = nkgotla	nkg-a-tlh-a = nkgatlha	m-o-nkg-o = monkgo	
kgw	kgw-e-d-i = kgwedi	m-o-kgw-a-r-o = mokgwaro	s-e-kgw-a = sekgwa	
ntlw	ntlw-a-n-a = ntlwana	ntlw-a-e-l-a = ntlwaela	d-i-ntlw-a-n-a = dintlwana	
thw	thw-a-l-a = thwala	thw-a-d-i-s-a = thwadisa	s-e-thw-a-l-a = sethwala	
nngw	nngw-e = nngwe	s-e-nngw-a = senngwa	o-m-a-nngw-a = omanngwa	
ntsw	l-e-ntsw-e = lentswe	s-e-ntsw-e = sentsw-e	ntsw-a-k-e-l-a = ntswakela	
ntšw	ntšw-a = ntšwa	ntšw-a-f-a-ts-a = ntšwafatsa	ntšw-a-ny-a-n-a = ntšwanyana	
tlhw	tlhw-a-r-e = tlhware	tlhw-a-tlhw-a = tlhwatlhwa	m-o-tlhw-a = motlhwa	
lw	lw-a-l-a = lwala	m-o-lw-e-ts-e = molwetse	b-o-j-a-lw-a = bojalwa	
ntw	ntw-a = ntw-a	ntw-e-l-a = ntwela	ntw-a-ntsh-a = ntwantsha	
nkgw	s-e-nkgw-e = senkgwe	nkgw-a-th-i-s-a = nkgwathisa	nkgw-e-l-a = nkgwela	



## Morulaganyi & Letlhomeso la tiro la Mosupatsela

- Morulaganyi le mosupatsela wa kharikhulamo o o latelang o dirisa tsamaiso e e tlwaelegileng le ditirwana tse di tlhalositsweng mo peleng.

### **DBE ATP**

- Simolola ka dibeke tse 2 tsa tlwaetso / tlhatlhobo ya motheo.
- Morago ga foo, go na le morulanyi 4 x e e sa kwalelang le mosupatsela, tse o ka di dirisang go rulaganya le go sala morago morago tiro ya kharikhulamo e o e dirileng mo kgweditharong.
- Fa o rata, o ka itirela tsamaiso e e tlwaelegileng ya gago le ditirwana, fela netefatsa gore di amana le CAPS le ATP/TRN
- Jaanong o ka itlhamela Morulaganyi le Mosupatsela wa gago go bona fa o tsamayang teng ka kharikhulamo ya kgweditharo ya 4

*Gopola gore Lenaneo le le rulagantsweng la Puo ya Gae Mophato 1–3 la NECT le teng go ka itseelwa mo go: [www.nect.org.za](http://www.nect.org.za)*

### Thitokgang 1:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	



<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	

## Thitokgang 2:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	

### Thitokgang 3:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	

### Thitokgang 4:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	



# Lenaneo la tlhatlhobo

## Tlhatlhobo ya go ithuta

- **Lenaanetekolo** le le latelang le akaretsa **kgodiso ya dikgono tsa go buisa le go kwala tse di botlhokwa thata** gore barutwana ba gago e nne bo mankge mo kगतong ya motheo.
- Tse ke **dikgono tsa go buisa le go kwala tse di botlhokwa tse barutwana botlhe ba tshwanetseng go nna le tsona** kwa **bofelong jwa Mophato 3**.
- Ga gona tsele ya ka bonako e e bonolo go latela 'Tlhatlhobo ya go lthuta,' kgotsa 'Tlhatlhobo e e Tlhomameng.'
- Go go thusa go dira se ka tsela e e mosola, o ka rata go leka go latela tse di latelang:
  - Dira **buka ya tlhatlhobo ya go rekotela** mme o e tshole ka dinako tsotlhe.
  - Buka e etshwanetse go tshwaiwa KHUPAMARAMA/SEPHIRI
  - Ka mo bukeng e, **nna le karolo ya morutwana mongwe le mongwe**.
  - Go ralala letsatsi, **tlhokomela gore morutwana o dira jang** mme o **kwale dintlha ka se o se lemogileng** mabapi le dikgono tse.
- Nna kelotlhoko ka **barutwana ba ba senang tswelopele** mme o **dire le bona** go rarabolola dikgwetlho tsa bona.

## Lenaanetekolo: Kgato ya Motheo, Puo ya Gae

<b>DIKGONO TSA TLHALOGANYO</b>	✓
O latela ditsholofelo le ditekanyetso tsa ka mo phaposing	
O laola maikutlo a gagwe	
O dira ka nosi	
O na le tirisano mmogo mo tirong ya setlhopha.	
O tlhoma mogopolo mo go se a se dirang e bile o fetsa ditiro ka nako e e lebeletsweng.	
O gopola le go golaganya dithuto tse di fetileng le tse dintšhwa.	
O simolola le go tshwarelela botsalano jo bo siameng.	
O a tswelela mo dikgwetlhong – ga a ineele	
<b>GO REETSA LE GO BUJA</b>	✓
O a gola mme o dirisa tlotlofoko e e kwa godimo, e e oketsegang.	
O latela ditshupetso	
O botsa dipotso	
O araba dipotso ka tshwanelo a dirisa dipolelo tse di oketsegang tsa maemo a kwa godimo.	
O dirisa dikgono tsa puisano le go buisana ka tshwanelo.	
<b>TEMOGO YA MEDUMOPUO LE MEDUMOPUO</b>	✓
O kgaoganya mafoko ka medumo ya yona ka molomo	
O kopanya medumo go dira mafoko ka molomo	
O lemoga le go buisa medumo yotlhe e rutilweng (o ithuta kamano ya ditlhaka le medumo)	
O aga le go kgaoganya mafoko a a kwadilweng a dirisa medumo e e rutilweng.	



<b>PUISO</b>	✓
Ka metlha o leka go dumisa mafoko a mantšhwa a dirisa kitso ya tlhaka le modumo.	
O buisa kgang e e mo matlharetirong ka thelelo e e oketsegang le ka nepagalo.	
<b>GO TLHALOGANYA</b>	✓
<i>Mo kgatong ya motheo, dikgono tse di tshwanetse go agiwa ka nako ya puisokopanelo – fa morutabana a buisetsa setlhangwa se se marara kwa godimo.</i>	
O bontsha phisego le kgatlhegelo mo dikgannyeng tsa puisokopanelo.	
O araba dipotso tse di bonolo tse a di gopolang ka nepagalo.	
O naya dikakanyo tse di nang le mabaka mo dipotsong tsa ‘goreng?’	
O dira tshosobanyo ya ditiragalo tse di botlhokwa tsa kgang e e buiseditsweng kwa godimo.	
O dira puisano ka maikaelelo kgotsa molaetsa wa kgang e e buisitsweng.	
O gakologelwa le go golaganya dikgang tse di fetileng le tse dintšhwa.	
<b>MOKWALO</b>	✓
O tshwara phensele le dilwana tsa go kwala ka nepagalo – a dirisa menwana e meraro ya go tshwara.	
O kgona go bopa ditlhaka tse a di rutilweng ka nepagalo e bile di bonagala.	
O kwala ka lebelo le le amogelesegang – o kgona go fetsa ditiro ka nako e e neetsweng.	
<b>GO KWALA</b>	✓
O dirisa go kwala go bua ka dikakanyo tsa gagwe (ga a kopise)	
O kwala ka nosi (o tshola le go dirisa maano a go kwala go fetsa ditiro tsa go kwala)	
O dirisa kitso ya tlhaka le modumo go kwala mafoko (mopeleto wa tlhamo)	
O buisetsa ditsala mokwalo wa gagwe.	

## Tlhatlhobo ya go Ithuta

- O ka itlhophelela go **dira tlhatlhobo e e tlhomameng ya gago** (Tiro ya Tlhatlhobo e e Tlhomameng) go ya ka dikaedi tse di neetsweng mo **karolong 4 e e tlhabolotsweng ya CAPS**.
- Kgotsa o ka dirisa sekai sa **Tiro ya Tlhatlhobo e e Tlhomameng** ya Kgweditharo 1 e e **neetsweng fa tlase**. O ka dirisa sekai se jaaka se ntse kgotsa wa se fetola go se dirisa ka mo phaposing ya gago.
- ‘Karata ya maduo’ e akareditswe moo o ka tsenyang dipholo tsa barutwana tsa tlhatlhobo tsa karolwana nngwe le nngwe ya puo.

## Tiriso ya Ruburiki

- Diruburiki tse di latelang di na le ditekanyetsi tsa ditlhalosi di le nne.
- Di bontsha kaedi ya selekanyo sa maemo mangwe le mangwe.
- Godimo ga foo, maduo a tekanyetso ya ditlhalosi a neetswe. Se , se bontshitswe ka mo masakaneng a a fa thoko ga ditlhalosi
- O ka dirisa dikarolwana tse go tlhatlhoba barutwana ba gago ka ditsela tse di farologaneng, go ya ka keletso ya porofense kgotsa kgaolo ya gago. Sekai:
  - a O ka itlhophelela go dira maemo a palogare kgotsa selekanyo sa tirwana ya tlhatlhobo.
  - b Kgotsa, o ka itlhophelela go naya morutwana mongwe le mongwe maduo.

**SEKAI:**

- a Morutabana wa ga Kagiso o beile sefapano mo tekanyetsong ya se a se fitlheletseng.
- b O bona gore sefapano gantsi se wela ka mo MAEMONG 2 / SELEKANYO 3–4. Fela, o na le MAEMO 1 / SELEKANYO 1–2 maduo. Ka jalo, o mo naya **Selekanyo sa 3**.
- c Go tsweng foo, o dira maduo a gagwe go ya ka maduo a a tekanyetso nngwe le nngwe. O fitlhelela maduo a 5 go tswa go 14. Fa o a arola ka 2, o fitlhelela **2.5**, e a e fetolelang mo **Selekanyong sa 3**.

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
<b>TEKANYETSO 1</b>	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (2) ✗	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4–5)
<b>TEKANYETSO 2</b>	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (2) ✗	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (4–5)
<b>TEKANYETSO 3</b>	Ga go na pharologano ya segalo le modumo wa lentswe kgotsa morujwana ga a utlwagale. (1) ✗	Morutwana o farologanya segalo le modumo wa lentswe ka dinako dingwe e se ka fa go tshwanetseng. (2)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela. (3)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela a magolo. (4)

**Go fetola**

- Fetolela maduo a a godimo ga 14 go selekanyo sa 1–7 ka go arola ka 2.

**Re solofela fa kaedi e ya tlhatlhubo e tla go tswela mosola**

- Go botlhokwa go gopola gore ditiro tsa ditlhatlhubo tse le mekgwa ya go bala ke dikakantsho.
- Ka kopo ikobele melao ya ditlhokego tsa tlhatlhubo ya porofense kgotsa kgaolo ya gago.

Tlhatlho bo ya go lthuta: Karata ya maduo						
Maina a Barutwana	Go reetsa le go bua	Medumopuo	Puiso le Go tthaloganyana	Mokwalo	Go kwala	Gotlhe
Palo ya Tirwana ya Tlhatlho bo	Go ela tlhoko ka mo phaposing	1.1	1.3	1.4	1.5	1.6

## Mophato 2 Kgweditharo 1: Sekai sa Tlathhobo e e Tlhomameng

1.1: GO REETSA LE GO BUA/ GO TLHALOGANYA	
<b>MAIKAELELO</b>	<p><b>O anela kgang e a e itseng</b></p> <ul style="list-style-type: none"> <li>• Kgang e na le tshimologo, bogare le bokhutlo</li> <li>• Morutwana o anela kgang kwantle ga go okaoka kgotsa go boeletsa</li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Se se ka diriwa ka nako nngwe le nngwe go simolola ka beke 7-9.</li> <li>• Dira se, ka nako nngwe le nngwe e morutwana a dirang puiso ka nosi kgotsa tirwana ya go kwala.</li> </ul>
<b>TIRWANA</b>	<p><b>O anela kgang e a e itseng</b></p> <ul style="list-style-type: none"> <li>• Tlhalosetsa barutwana gore o tlele go ba kopa gore ba go anele kgang ya bona e ba e ratang.</li> <li>• Gopotsa barutwana gore fa ba anela kgang, ba tshwanetse go na le tshimologo, bogare le bokhutlo.</li> <li>• Ba tshwanetse go ikatisetsa go anela kgang gore bas eka ba lebala se ba se buang kgotsa go boeletsa se ba se buileng.</li> <li>• Ba neye metsotswana go akanya ka dikgang tsa bona.</li> <li>• Ba letle go lebana mme ba bolelele balekane dikgang tsa bona.</li> <li>• Ba ka thala setshwantsho se se nang le setlhogo fa o reeditse barutwana ba bangwe.</li> <li>• Tlathhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</li> </ul>

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 1 SELEKANYO 3-4	MAEMO 1 SELEKANYO 5-6	MAEMO 1 SELEKANYO 7
<b>POPEGO LE TATELANO</b>	Morutwana o anela kgang e e sa felelang le ka tatelano ya e e sa nepagalang. (1-2)	Morutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng. (3-4)	Morutwana o anela bogolo jwa kgang ka tatelano e e nepagetseng. (5-6)	Morutwana o anela kgang ka tatelano e e nepagetseng. (7)
<b>THELELO</b>	Morutwana o ikhutsa gantsi, oa okaoka e bile o boeletsa mafoko kgotsa dipolelwana. (1-2)	Morutwana ka dinako dingwe o a ikhutsa, o a okaoka e bile o boeletsa mafoko kgotsa dipolelwana (3-4)	Morutwana o anela kgang ka thelelo, o ikhutsa ka dinako dingwe, go okaoka kgotsa go boeletsa mafoko le dipolelwana (5-6)	Morutwana o anela kgang ka thelelo le go itshepa. Ga a ikhutse, go okaoka le go boeletsa mafoko le dipolelwana (7)

1.2: MEDUMOPUO																	
<b>MAIKAELELO</b>	<ul style="list-style-type: none"> <li>• <b>Bopa mafoko ka ditumanosi tse di khutshwane</b></li> </ul>																
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Dira se mo bekeng ya 7 kgotsa 8, ka nako ya dithuto tsa medumopuo mafelo a beke</li> </ul>																
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>• Dira lenaanethalo la 'Batla lefoko' mo patitshokong, o akaretse medumo e 16 e e nang le ditumanosi tse 5, ditumammogo tse 7 le ditumammogo tse di pataganeng tse 4 tse di rutilweng <table border="1" data-bbox="627 508 1083 707"> <tbody> <tr> <td>a</td> <td>e</td> <td>i</td> <td>o</td> </tr> <tr> <td>u</td> <td>m</td> <td>b</td> <td>d</td> </tr> <tr> <td>t</td> <td>g</td> <td>s</td> <td>p</td> </tr> <tr> <td>tl</td> <td>th</td> <td>kg</td> <td>kh</td> </tr> </tbody> </table> </li> <li>• Bontsha barutwana gore ba bope jang mafoko ba dirisa medumo e e mo lenaanethalong sekao: th – a – b – a = thaba</li> <li>• Bolelela barutwana gore ba tshwanetse go bopa mafoko a le 12</li> <li>• Naya barutwana metsotso e le 5 go dira se. Phutha dibuka tsa bona, o di tshwaye mme o bale mafoko a ba a bopileng ka nepagalo</li> <li>• Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase</li> </ul>	a	e	i	o	u	m	b	d	t	g	s	p	tl	th	kg	kh
a	e	i	o														
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RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
<b>BOPA MAFOKO KA DITUMANOSI TSE DIKHUTSHWANE</b>	Morutwana o bopile mafoko a 0-3 ka nepagalo (1-2)	Morutwana o bopile mafoko a 4-6 ka nepagalo. (3-4)	Morutwana o bopile mafoko a a magareng ga 7-9 ka nepagalo (5-6)	Morutwana o bopile mafoko a a magareng ga 10-12 ka nepagalo (7)

<b>1.3: PUISO</b>	
<b>MAIKAELELO</b>	<ul style="list-style-type: none"> <li>Buisetsa kwa godimo go tswa mo bukeng go ya ka maemo a gagwe</li> <li>O dirisa mafoko a pono, medumopuo, le dikgono tsa go dumisa mafoko</li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>Se, se ka diriwa nako nngwe le nngwe go simolola ka beke ya 6 go ya go 8</li> <li>Dira se ka nako ya puisokaelo ka ditlhopha</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>Ka nako ya puisokaelo ka ditlhopha bitsa barutwana ba ba leng mo setlhopheng go tla go go buisetsa ka nosi</li> <li>Kopa morutwana go buisetsa kwa godimo go tswa mo setlhangweng sa maemo a gagwe. Netefatsa gore setlhangwa se akaretsa mafoko a a dumisegang</li> <li>Tlhatlhoa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase</li> </ul>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1-2</b>	<b>MAEMO 2 SELEKANYO 3-4</b>	<b>MAEMO 3 SELEKANYO 5-6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>DIKGONO TSA GO DUMISA MAFOKO</b>	Morutwana o tlhoka tshegetso e ntsi ya medumopuo go tswa go morutabana go buisa lefoko le a sa le itseng. Morutwana o kgaratlhela go kgaoganya mafoko ka dinoko kgotsa medumo. (1-2)	Morutwana o leka go buisa mafoko ao a sa a itseng fela o a kgaratlha. Morutwana o leka go dirisa medumopuo fela o tlhoka tshegetso go tswa go morutabana.. Morutwana a ka kgaoganya mafoko ka dinoko kgotsa medumo ka tshegetso ya morutabana. (3-4)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng fela o tlhoka thuso ka dinoko dingwe go kopanya medumo go bopa mafoko. (5-6)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng mme o kgona go kopanya medumo go bopa mafoko.. (7)
<b>MAFOKO A PONO</b>	Morutwana o itse mafoko a pono kgotsa a a tlhagelelang kgapetsa a le mmalwa. (1-2)	Morutwana o itse mafoko a pono kgotsa a a tlhagelelang kgapetsa a mangwe. (3-4)	Morutwana o itse mafoko a pono kgotsa a a tlhagelelang kgapetsa a le mantsi. (5-6)	Morutwana o itse mafoko a pono kgotsa a a tlhagelelang kgapetsa otlhe a a rutilweng (7)

1.4: GO TLHALOGANYA	
<b>MAIKAELELO</b>	<p><b>O reetsa le go tlotla ka setlhangwa go:</b></p> <ul style="list-style-type: none"> <li>• Araba dipotso tse di tlhamaletseng ka dintlha tsa kgang.</li> <li>• O dira ponelopele.</li> <li>• O baya ditiragalo tsa setlhangwa ka tatelano e e nepagetseng.</li> <li>• O dira diphopholetso tsa kitso.</li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Se se ka diriwa ka nako nngwe le nngwe go simolola ka beke 4–7.</li> <li>• Dira se ka Labotlhano ka nako ya tirwana ya molomo: Puisano ya puisokopanelo kgotsa ka Labotlhano ka nako ya Puisokopanelo: Tirwana ya morago ga puiso.</li> </ul>
<b>TIRWANA</b>	<ol style="list-style-type: none"> <li>1 Dirisa kgang ya puisokopanelo go tswa mo bekeng e e fetileng.</li> <li>2 Baya barutwana mo maemong a a siameng go fetsa tiro.</li> <li>3 Go tsweng foo, biletsa barutwana kwa tafoleng ya gago ka bongwe go feleletsatsa tlhatlhobo.</li> <li>4 Kopa barutwana go araba 1–2 ya potso mofuta mongwe le mongwe ka ga setlhangwa.: <ul style="list-style-type: none"> <li><b>Dipotso tse di tlhamaletseng ka dintlha</b></li> <li>1 Mang...?</li> <li>2 Eng...?</li> <li>3 Leng...?</li> <li>4 Jang...?</li> <li>5 Kae?</li> <li><b>Dira ponelopele</b></li> <li>1 O akanya gore go tla diragala eng se se latelang? Goreng?</li> <li>2 O akanya gore kgang e tla fela jang? Goreng?</li> <li><b>Tatelano</b></li> <li>1 Go diragetse eng kwa tshimologong ya kgang?</li> <li>2 Go diragetse eng kwa bokhutlong jwa kgang?</li> <li>3 Go diragetse eng morago ...?</li> <li>4 Go diragetse eng la ntlha: ...kgotsa...?</li> <li><b>Diphopholetso tsa kitso</b></li> <li>1 O ka dira diphopholetso tsa kitso efe ... go tswa mo ...?</li> <li>2 O akanya gore goreng...?</li> <li>3 Goreng o akanya gore ...?</li> </ul> </li> </ol> <ul style="list-style-type: none"> <li>• Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</li> </ul>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1-2</b>	<b>MAEMO 2 SELEKANYO 3-4</b>	<b>MAEMO 3 SELEKANYO 5-6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>DIPOTSO TSE DI TLHAMALETSENG TSA DINTLHA</b>	Morutwana o kgona go gopola ntlha e le nngwe ya kang. (1)	Morutwana o kgona go gopola dintlha dingwe tsa kang fa a botsolotswa. (2)	Morutwana o kgona go gopola dintlha tsotlhe tsa kang fa a botsolotswa. (3)	Morutwana o kgona go gopola dintlha tsotlhe tsa kang ka bonako, thelelo le ka nepagalo. (4)
<b>PONELOPELE</b>	Morutwana o kgaratlha go dira ponelopele e le nngwe e e amogelesegang e bile ga a kgone go buelela karabo ya gagwe. (1)	Morutwana o dira ponelopele e le nngwe e e amogelesegang e bile o kgona go buelela karabo ya gagwe. (2)	Morutwana o dira diponelopele tse pedi tse di amogelesegang e bile o kgona go buelela karabo e le nngwe ya gagwe (3)	Morutwana o dira diponelopele tse pedi tse di amogelesegang e bile o kgona go buelela dikarabo tsa gagwe ka bobedi. (4)
<b>TATELANO</b>	Morutwana ga a kgone go dira tatelano ya ditiragalo go tswa mo setlhangweng, le ka tshegetso. (1)	Morutwana o kgona go dira tatelano ya ditiragalo go tswa mo setlhangweng ka tshegetso (2)	Morutwana o dira tatelano ya ditiragalo ka nepagalo go tswa mo setlhangweng fela o tsaya nako. (3)	Morutwana o dira tatelano ya ditiragalo tsotlhe ka bonako le ka nepagalo go tswa mo setlhangweng. (4)
<b>PHOPHOLETSO YA KITSO</b>	Morutwana o kgaratlha go dira diphopholetso tsa kitso ka ga moanelwa kgotsa tiragalo ya kang, le fa a tshegediwa. (1)	Morutwana o dira diphopholetso tsa kitso tse di amogelesegang ka ga moanelwa kgotsa tiragalo ya kang, kwantle ga tshegetso. (2)		



1.5: MOKWALO	
<b>MAIKAELELO</b>	<ul style="list-style-type: none"> <li>• <b>Kopolola le go kwala dipolelo tse dikhutshwane, a tsepame mo go siamiseng popo ya ditlhaka e e nepagetseng.</b></li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Dira se ka nako ya thuto ya Mokwalo ka Mosupologo mo bekeng ya 7 kgotsa 8.</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>• Dira thuto ya go kwala jaaka metlha.</li> <li>• Phutha dibuka tsa barutwana kwa bofelong jwa modikologo wa go kwala.</li> <li>• Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</li> </ul>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1-2</b>	<b>MAEMO 2 SELEKANYO 3-4</b>	<b>MAEMO 3 SELEKANYO 5-6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>GO BOPA TLHAKA</b>	Morutwana o kgaratlha go bopa ditlhaka tsotlhe ka nepagalo. Go na le diphoso tsa go bopa ditlhaka le bogolo ba tsona. Morutwana o kwalela ka bonya. (1-2)	Morutwana o na le tswelopele mo go bopeng ditlhaka. Go santse go na le diphoso tsa popo ya ditlhaka le bogolo ba tsona. Lebelo la go kwala le tokafetse. (3-4)	Morutwana o na le tswelopele e ntsi mo go bopeng ditlhaka. Go na le diphoso tse di mmalwa tsa popo ya ditlhaka le bogolo ba tsona. Lebelo la go kwala le siame. (5-6)	Morutwana o na le tswelopele e e kgatlhisang mo go bopeng ditlhaka. Go na le diphoso tse di mmalwa tsa popo ya ditlhaka le bogolo ba tsona. Lebelo la go kwala ke le le kgatlhisang (7)
<b>GO TLOGELA DIPHATLHA MO MAGARENG GA MAFOKO MO DIPOLELONG</b>	Go tlogela diphatlha mo magareng ga mafoko ga go tshwane, ka nako nngwe diphatlha di ditona kgotsa di dinnye. (1-2)	Go tlogela diphatlha mo magareng ga mafoko ga go tshwane ka dinako dingwe, ka nako nngwe diphatlha di ditona kgotsa di dinnye (3-4)	Go tlogela diphatlha mo magareng ga mafoko go le gantsi go a tshwana e bile go nepagetse. (5-6)	Go tlogela diphatlha mo magareng ga mafoko go a tshwana e bile go nepagetse (7)

1.6: GO KWALA	
<b>MAIKAELELO</b>	<ul style="list-style-type: none"> <li>Kwala dipolelo tse 3 ka dikgang tsa gago o dirisa medumo e o ithutileng yona, mafoko a pono, ditlhakagolo le dikhutlo.</li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>Dira se ka Laboraro ka nako ya thuto ya go kwala mo bekeng ya 6 kgotsa 8.</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>Dira thuto ya go kwala jaaka metlha.</li> <li>Phutha dibuka tsa barutwana kwa bofelong jwa modikologo wa go kwala.</li> <li>Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</li> </ul>

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
<b>GO KWALA: TSHIMOLOGO</b>	Kakanyo e marara go e tlhaloganya kgotsa ga se ya gagwe – o kopisitse sekai sa morutabana. (1)	Kakanyo ya gagwe e a tlhaloganyesega e bile o itshimoletse yona fela e tshwana le sekai (2)	Kakanyo ya gagwe ke ya maikutlo a gagwe e bile o itshimoletse yona. (3)	Kakanyo ya gagwe ke ya maikutlo a gagwe o itshimoletse yona e bile o botlhami. (4-5)
<b>GO KWALA: BOLEELE</b>	Morutwana ga a na polelo e a e kwadileng e nepagetse. (1)	Morutwana o kwadile polelo e 1 e e nepagetseng. (2)	Morutwana o kwadile dipolelo tse 2 tse di nepagetseng (3)	Morutwana o kwadile dipolelo tse 3 tse di nepagetseng (4-5)
<b>GO KWALA: MATSHWAO A PUO</b>	Morutwana o kgaratlhela go dirisa ditlhakagolo le dikhutlo ka go tshwana le ka nepagalo, le fa a tshegediwa. (1)	Morutwana o dirisa ditlhakagolo le dikhutlo ka nepagalo fela o kgaratlha ka matshwao a mangwe a puo.. (2)	Morutwana o dirisa matshwao a puo otlhe a a rutilweng ka tekano fela o dira diphoso ka dinako dingwe. (3)	Morutwana o dirisa matshwao a puo otlhe a a rutilweng ka nepagalo mme o dira diphoso ka sebalalo. (4)